

Sample of Business Lunch Options

The following are examples of menu options available from Essie's Catering.

Any of these options can be adjusted to meet your specific need.

Additional items are also available.

Punch, Iced Tea are available with any menu.

Delivery available. Contact Essie's for details 803-329-2228.

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Sandwich Creations

Beef Bacon

Tender and Juicy Slices of Roast Beef Topped with Bacon and Swiss or Provolone Cheese

Ham and Turkey

Sliced Ham and Breast of Turkey topped with Swiss Cheese

Chunky Chicken Salad

A Generous Portion of Our Own Special Chicken Salad with Slivered Almonds and Fresh Celery

Seafood Salad

A Generous Portion of Our Secret Recipe Seafood Salad Prepared to Perfection Daily

Marinated Steak

Marinated Strips of Tender Flank Steak Grilled to Your Own Special Taste, Then Topped with Sautéed Green Peppers, Onions and Mushrooms and Broiler Glazed Provolone Cheese on Fresh Roll.

All American Club

Made the Traditional Way with Stakes of Ham, Bacon and American Cheese

Choice of Bread: Butter Croissant, Kaiser Roll, Hoagie Roll, Whole Wheat and White Bread

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Scrumptious Salads

Julienne Salad

Julienne of Ham, Turkey, Cheddar Cheese Arrayed Over Chilled Garden Greens and Garnished with Eggs, Cucumbers, Tomato Wedges and Fresh Mushrooms

Fresh Fruit Salad Plate

Fresh Seasonal Fruit with Cinnamon Yogurt Dip, Served with a Fresh Baked Muffin

Seafood, Chicken or Tuna Salad Plate

Your Choice of Seafood, Chicken or Tuna Salad on Bed of Fresh Crisp Lettuce, Served with Fresh Fruit and Crackers or Fresh Baked Yeast Roll

Mixed Green Salad

A Mixture of Fresh Greens, Tomato Wedges, Cucumber and Carrots Served with Crackers or Roll

Grilled Chicken Breast Salad

Strips of Tender, Marinated Breast of Chicken Served Over a Bed of Fresh Crisp Lettuce and Tomato Wedge, Cheddar Cheese and Almonds

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Beverages

Can Drinks, Iced Tea, Coffee, Pink Lemonade

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Desserts

Cheese Cake with Assorted Toppings, German Chocolate Cake, Carrot Cake,
Pecan Pie, Chocolate Brownies and Assorted Fresh Baked Cookies

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